

Helping Clients Talk Finances With Their Children

Areas Parents Can Have An Impact

- **Personal and External Factors** Individual differences, beliefs, and attitudes that impact our decision making
 - Literature
 - Picture Books
 - *A Chair for My Mother* by Vera B. Williams
 - *What Shoes Will You Wear?* by Julia Cook
 - *Alexander, Who Used to Be Rich Last Sunday* by Judith Viorst
 - Chapter Books
 - *Millionaires for the Month* by Stacy McAnulty
 - *The Mighty Miss Malone* by Christopher Paul Curtis
 - Books for Late Teens+
 - *The Psychology of Money* by Morgan Housel
 - *Five Life Decisions* by Robert T. Michael
 - Conversation starters
 - Cards with prompts
 - News
- **Executive Functioning Skills** Skills that are the foundation of daily life
 - Saving, spending, and giving jars
 - Games
 - Chutes and Ladders
 - Double Shutter
 - Monopoly
 - Uno
 - Blink
 - Solitaire
 - The Bears and the Bees
- **Decision Making** Choices made based on accumulated knowledge, mindsets, and competencies
 - Plan an event
 - Purchase an item
 - Participate in family budgeting